



**Shin-Yu Body & Mind**

**Embodied Learning**



**Samurai Game®** Productions, Corporate Team Building, Leadership & Management Training



## What is the Samurai Game®?

The Samurai Game® is an excellent tool to improve the human resource potential at the work place.

It was invented, written, and first performed in 1977 by George Leonard, author, award-winning editor, musician, Aikido instructor and pioneer in the Human Potential movement. The Samurai Game® was copyrighted by George Leonard and is solely owned by The Leonard Family Trust in the USA.



## What to Expect as a Participant

All challenges are fully safe and optional. The game does not require any specific fitness level. Even handicapped people have been known to be fully engaged in and enjoy a Samurai Game® event.

Not one event is quite the same, so participants will enjoy a completely new experience and dynamic each time he or she plays the game.

The realizations that one can gain in the Samurai Game® vary depending on the dynamics of the group. In general, however, participants are encouraged to “be in the moment” and “pay attention” as they face various types of physical and mental challenges.





## Bringing People Together

A Samurai Game® workshop is a perfect opportunity for team members to get to know each other on a more personal level. Such an opportunity hardly arises at the workplace.

In the workshop, employees enter a new, unexplored social territory and governance which their daily working lives do not usually reveal.



## Exercising Risk & Uncertainty

The Samurai Game® prepares people for situations which are out of their control. Sometimes, luck is the factor in the failure/success of a project. Even when not knowing what is going to be the outcome, players are encouraged to be centered in moments of crisis and play their hand with honour and integrity.



## Take a Moment to Reflect

The Samurai Game® gives individuals a time to reflect on what is truly important in their lives. Whether you are a team member or a team leader, the personal decisions that are made require one to listen to one's inner voice to really know what is the right step to take.



Call or send an email to know how the Samurai Game® can work for your team,  
company or organisation:

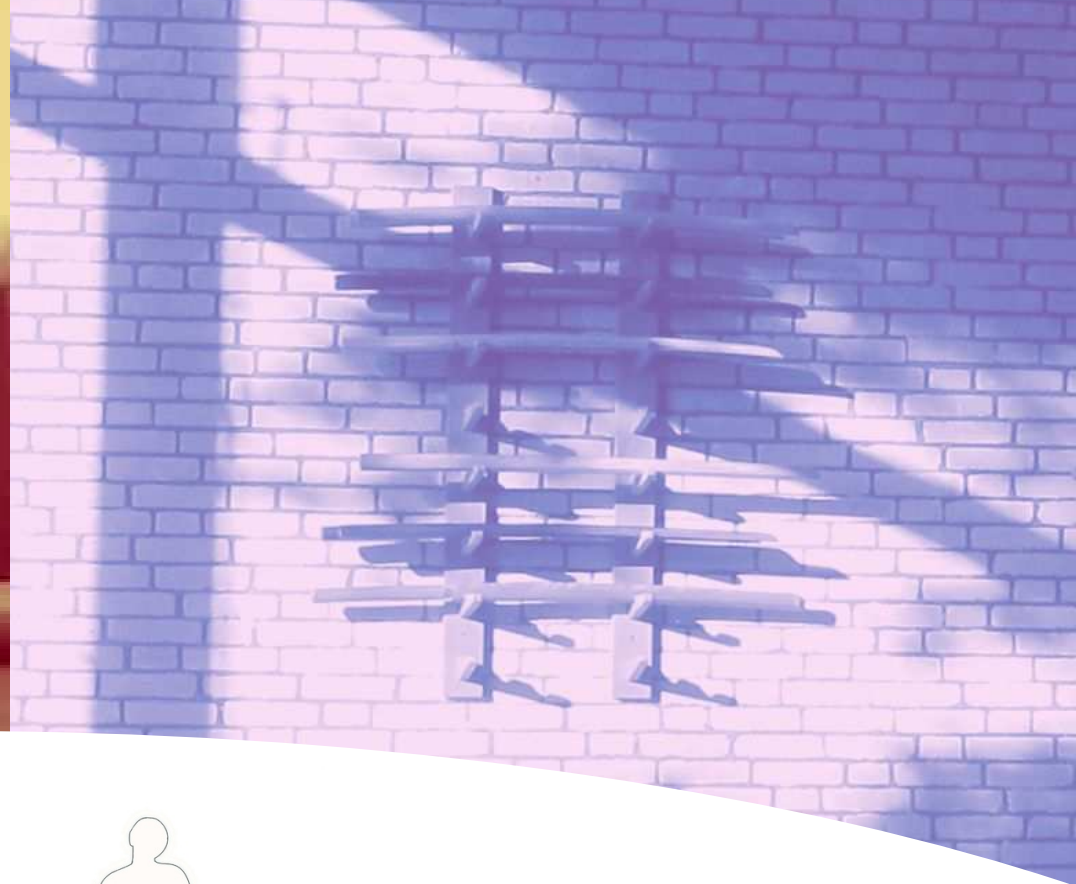
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